

ANNOUNCING!!
PURLER WRESTLING ACADEMY'S 10TH ANNUAL CHRISTMAS CLINICS
LEG ATTACK CAMP



Register at the door - for Middle-School and Elementary aged wrestlers

There is a difference between grabbing the legs and 'attacking' the legs. A clean set up, sharp level change, cutting the corner once you hit the mat, and being able to finish 2-3 different ways according to your opponent's reaction all come into play on the wrestling mat. Needless to say, attacking the opponent's legs is a very high skill-level endeavor that requires precise training instruction and a tireless amount of drilling. At our Christmas Clinic, you will leave us with a GAME PLAN that includes 2 setups and the best 2-3 finishes to know from each leg attack. Furthermore, these skills will be drilled over and over and over until your son knows the technique and his muscles know the technique. We have been conducting our Christmas Break Leg Attack camps for 10 years running and have had kids travel in from Minnesota, Wisconsin, Indiana, Kansas, Iowa, New Mexico, Oklahoma, and Washington to attend these one day clinics in MO and IL. If you struggle with leg attacks, we will help. Training will be ran by Nick and/or Purler Wrestling Staff.

December 27 – Saturday @ Francis Howell High School (St. Charles, MO)
December 27 – Saturday @ Central High School (Evansville, IN: Register from 8-9:00 am.
December 28 – Sunday @ Mizzou Wrestling room (Columbia, MO)
December 29 – Monday @ Lanphier High (Springfield, IL)
December 29 – Monday @ Edwardsville Middle TBA....e-mail Nick for details
December 30 – Tuesday @ Mexico High School (Mexico, MO)

Celebrating 10 years of successful Winter Break Training!

Training fee - \$45.00 (payable to PWA)

Questions - Contact Nick at 314-229-3540 or nick@purlerwrestling.com

Check-in – 9:00 a.m. registration. Please have the exact payment amount attached to the registration form and have the form completely filled out BEFORE you get there so that we can just 'check in' the kids and get started quickly. Thank you.

Session times – 9:15 – 12:00 // 12:00-1:00 lunch // 1:00 – 3:30

(The Mizzou and Springfield camp session times are a bit different – 11:15 check in // 11:30 – 2:15 // 3:15 – 4:15 break // 4:15 – 6:45)

(Pack a lunch unless you will be taking your son to lunch)

PWA Students' Results 2007-2008
Nat'l Champs – 18 (most ever in PWA history!)
All-Americans – 105
State Champions – 27
State Finalists – 53
State Medalists- 105

www.purlerwrestling.com

*See us on youtube.com **PURLER***

Registration information

Name _____ Age _____

Parent(s) names _____ Emergency # _____

Email address _____

Physician's Name _____ Physician's Number _____

Waiver and Release Form / Medical Information

I fully understand that the Purler Wrestling, Inc. staff are not physicians or medical practitioners of any kind. With the above in mind, I hereby release the Purler Wrestling, Inc. staff to render temporary first aid to my child or children in the event of any injury or illness, and if deemed necessary by the Purler Wrestling, Inc. staff to call our doctor and to seek medical help, including transportation by a Purler Wrestling, Inc. staff member and / or its representatives, whether paid or volunteer, to any health care facility or hospital, or the calling of an ambulance for said child should the Purler Wrestling, Inc. staff deem this to be necessary.

Parent or Guardian Signature: _____

We, the staff of Purler Wrestling, Inc. recognize our obligation to make our students and their parents aware of the risks and hazards associated with the sport of wrestling. Students may suffer injuries; minor, serious, or catastrophic in nature or even death in rare cases. Wrestling, tumbling, and conditioning exercises can be dangerous and can lead to injury!

Parents should make their children aware of the possibility of injury and encourage their children to follow all the safety rules and the coaches' instructions.

Purler Wrestling, Inc., its coaches, and other staff members, will not accept responsibility for injuries sustained by any student, parent, guardian, relative, or friends during the course of wrestling, tumbling, conditioning or other training methods associated with the sport of wrestling, or open workouts, or in the course of any exhibition, competition, or clinic in which he or she may participate or while traveling to or from the workout sessions or wrestling-related events.

With the above in mind, and being fully aware of the risks and possibility of injury involved, I consent to have my child or children participate in the programs offered by Purler Wrestling, Inc. I, my executors or other representatives, wave and release all rights and claims for damages that I or my child may have against Purler Wrestling, Inc. and or its representatives whether paid or volunteer.

I also understand that it is the parent's responsibility to warn the child about the dangers of wrestling and injury. The parent should warn the child according to what the parent feels is appropriate. Purler Wrestling, Inc. will only warn the child through "Safety Messages" and our teaching style and progressions.

Parent or Guardian Signature: _____

Medical conditions: Please list below any medical concerns regarding your child/children that the Purler Wrestling, Inc. staff should be aware of:

*The parent or guardian is responsible for sending the wrestler to Purler Wrestling, Inc. events with their required medications, inhalers, etc. If unprepared, your child/children will not be allowed to participate in any Purler Wrestling, Inc events.

Medical Insurance Company and Policy # _____
(Name) (Policy #)

You must have Medical Insurance at all times in order to begin or continue participating in any Purler Wrestling, Inc events. **All information I have provided on this application is accurate.**

Parent or Guardian Signature: _____ Date: ____ / ____ / ____